

WALDEN'S
OPTIONAL PROGRAMS

We offer our campers the opportunity to schedule extra time in the activities that interest them the most and to sign up for activities that may be specific to certain campers' needs. Please read through these with your daughter and indicate on the form provided which ones she would like to take part in.

BAT MITZVAH STUDY: Many campers may return home at the end of the summer to celebrate their Bat Mitzvah. Need to review your Torah before the big day? Why not do it in the company of other campers?

INTENSIVE RIDING: Some campers want to ride occasionally, while others have a greater interest and wish to be scheduled more frequently. If your daughter is an occasional rider, we will try to schedule her to ride a couple of times per week. If your daughter joins intensive riding she will receive a minimum of 25 hours during the summer; there is a charge of \$400 for this program. Rental of horses and the number of riding staff is dependent on the number of responses to this activity, so be sure to sign up ahead of time. No trips will be missed for intensive riding.

INTENSIVE TENNIS: This is a two week mini-tennis camp mainly for girls in Bunks 10-12. Girls in Bunks 1- 9 who are interested in the intensive tennis program may try out for it, providing it does not interfere with their other camp activities and they have demonstrated an above average ability. Those who do not qualify for intensive tennis can participate in our excellent regular tennis program. The 2.5 hour morning program includes extra conditioning, instructional drills, and supervised play. This rigorous and demanding program is only for those girls who are very serious about tennis. While campers will not miss overnight, mountain or canoeing trips due to intensive tennis, they may miss a day trip or some other desired event or activity. Girls in Bunks 10-12 will miss one day of intensive tennis for their practice climbs. At the conclusion of intensive tennis, all campers can continue their tennis instruction in our regular tennis program. All age groups are involved in our intercamp and intracamp matches and can compete as often as their schedules permit.

MUSICAL INSTRUMENT PRACTICE: Campers are permitted to bring their musical instrument to camp this summer to continue their practicing. As an alternative to an activity, campers will be scheduled to spend the period practicing independently in the main house.

STAGE CRAFT: If campers would like to get involved in what happens behind the scenes each week in preparation for a bunk show, they can sign up to help make props, costumes and scenery on an as-needed basis.

SUMMER READING: Sure there's rest hour, but sometimes campers just need a little more time to make it through that extra-thick summer reading assignment. Signing up for Summer Reading gives them the opportunity to focus on what they need to complete by summer's end.

Camper _____ Bunk _____

(Please print your daughter's name)

OPTIONAL ACTIVITIES

Please indicate your daughter's choice of *optional* activities by *circling* the activity below:

Bat Mitzvah Study

Intensive Riding (\$400 extra, will be listed on final bill)

Intensive Tennis

Musical Instrument Practice

Stage Craft

Summer Reading

REGULAR ACTIVITIES

A sample list of our regular activities is as follows:

Archery	Field Hockey	Sailing
Arts and Crafts	Gymnastics	Soccer
Basketball	Kayaking	Softball
Canoeing	Lacrosse	Swimming
Climbing Wall	Riding (Occasional)	Tennis
Dance	Ropes Course, High	Volleyball
Drama	Ropes Course, Low	Water Skiing

Your daughter will have a chance weekly to select which regular activities she would like to attend. *If there is a regular activity that you would like your daughter to participate in, please indicate below:*

Campers may opt out of Riding and High Ropes (note that high ropes are available to Bunk 9 and above). Please indicate this preference below:

No Riding No High Ropes

Please return this form to us before June 1st.

(Camp Walden, P.O. Box 4465, Charlottesville, VA 22905-4465)